Food/Shopping Assistance		Social & Recreation	
Meals on Wheels	604.299.5754	Seniors Centres:	
Food Bank	604.876.3601	Bonsor	604.297.4580
Shopping Buddies/	604.294.7498	Cameron	604.297.4453
Groceries By Phone		Confederation	604.294.1936
Dietician	811	Edmonds	604.297.4402
**Low cost meals available through seniors/recreation centres**		Parks & Rec Info	604.294.7450
Counselling & Support		Recreation Credits	604.299.5778
Peer Counselling	604.291.2258	Seniors Outreach:	
<b>Unpaid Caregivers</b>	604.292.3909	BCS - Edmonds/Heights	604.299.5778
Burnaby Counselling	604.430.1303	BNH - Metrotown	604.431.0400
LGBT2Q+ Support	604.684.5307	Citizen Support Services 604.294.7980	
Multicultural Support	604.436.1025	Bus trips, lunches, shopping, daily calls, friendly visitors, Better At Home	
Memorial Society	1.888.816.5902	Public Library	604.436.5400
Hospice Society	604.520.5087	Home Services	604.436.5423
Bereavement Line	604.738.9950	College for the Retired	604.517.8732

## Emergency/24hr Police, Fire, Ambulance 911 604.682.5050 Poison Control Crisis/Suicide Line 604.872.3311 Seniors Distress Line 604.872.1234 **Non-Emergency RCMP** 604.294.7922 Burnaby Victim Services 604.294.7602 Crime Stoppers 604.669.8477 BC211 General Info 211

## For local information contact:

Health Line/Seniors Info

811

Burnaby Community Services 604.299.5778 www.BbyServices.ca



**SCOLOTS**2017 Community
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Financial Assistance	Health & Wellness	Housing	Minor Repairs & Maintenance
Service Canada 1.800.277.9914	Fraser Health Info 604.918.7605	Housing Info 604.520.6621	Seniors Repair Services 604.529.1100
Pensions Info TTY: 1.800.255.4786	Home Health Care 1.855.412.2121	BC Housing 604.433.2218	Mobile Work Crew 604.723.3439
OAS, GIS, CPP, Disability,	Care Complaints 604.949.7700	HAFI/Home Adaptations	Helping Neighbours 604.764.6601
Spouse/Survivor Allowance	Better At Home 604.297.4877	SAFER/Shelter Aid for Renters	Madial Fasion and
Service BC 604.660.2421	MSP/Pharmacare 604.683.7151		Medical Equipment
Seniors Supplement	Elder Abuse Info 604.437.1940	Landlord & Tenant 604.660.1020	Red Cross Loans 604.522.7092
Veterans Allowance 1.866.522.2122	Mental Health 604.453.1900	Relations	Lifeline 604.517.8617
		Tax Deferral/ 604.294.7350	Regency Medical 604.434.1383
<b>Legal/Advocacy</b> www.clicklaw.bc.ca		Homeowner Grants	BC MedEquip 604.888.8811
Elder Law Clinic 604.688.1927x258	Substance Use/Addiction 604.777.6870	Transportation	Adaptive Clothing 604.984.8211
Free Lawyer Clinics 604.878.7400	Gambling Helpline 1.888.795.6111	Translink Info 604.953.3333	Immigrant/Multicultural
Notaries Public 604.681.4516	UBC Dental Clinic 604.822.2112	Bus Pass Program 1.866.866.0800	-
Nidus Personal Plans 604.408.7414	VCC Denture Clinic 604.443.8500	HandyDART/Card 604.953.3680	Immigrant Services 604.395.8000
Public Trustee 604.660.4444	CNIB Vision Loss 604.431.2121	TaxiSavers	MOSAIC 604.438.8214
Ombudsperson 1.800.567.3247	Hearing Clinic 604.736.7391	Seniors Transportation 604.292.3901	Multicultural Society 604.431.4131
Seniors Advocate 1.877.952.3181	Mobile Foot Care 778.228.6021	SPARC Parking Permits 604.718.7744	SUCCESS 604.430.1899