

## **Progressive Housing Society**

Address: 7836 - 6th St, Burnaby  
Central Line: 604-522-9669 x318

## **Outreach Mobile Unit & Centre**

Jubilee United Church Hall

Tues 11 - 1pm, 7551 Gray Ave

Southside - Outreach Centre

Thurs 9 - 11:30am, 7135 Walker

## **Drop-In Medical/Dental**

Adult Clinic 604-526-2522

Thurs 9-1pm, 38 Begbie

New West Youth Clinic 604-526-2522

Tues 2:30-6pm, Thurs 3-7:30pm, 38 Begbie

HIM - Men's Clinic 604-488-1001<sup>or</sup>

Mon/Wed 4-9pm, 38 Begbie 604-230-9915

Eastside Walk-In Dental 604-254-9900

Call for more info, 455 E Hastings

Burnaby Community Services  
604-299-5778

Feb, 2017

## Community Outreach Resources

### **Shelter**

24/7 Shelter Helpline 211  
Fraserside Family Shelter 604-525-3929  
Men's Shelter 604-529-9126x101  
Seniors Housing Info 604-520-6621  
Rental Housing [vancouver.craigslist.ca](http://vancouver.craigslist.ca)

### **Financial Assistance & Benefits**

Income Assistance Offices

#2 - 4603 Kingsway, Burnaby

#202 - 1015 Columbia St, NW

1-866-866-0800

Service Canada 1-800-622-6232

Child Tax, EI, Seniors & Veterans Benefits

Service BC 604-660-2421

All BC Benefits and Services

Bus Pass Info Line 1-866-866-0800

**Suicide/Crisis Line** 604-872-3311

## **Free Meals**

### Salvation Army Community Meals

Mon 6pm, Metrotown, 6125 Nelson  
7pm, Southside Church, 7135 Walker;  
Sat Brunch 10am, 325 - 6th St (NW)

### Jubilee United Church Hall

Tues 12pm, 7551 Gray Ave

### Holy Trinity Cathedral (NW)

Thurs 8 - 9am, 514 Carnarvon

### Progressive Housing - Southside

Thurs 9 - 11:30am, 7135 Walker

### St. Barnabas Church (NW)

Thurs 11am, 1010 - 5th Ave

### Union Gospel Mission (NW)

Mon - Fri 8:30 - 12pm, 658 Clarkson

## **Youth Crisis Info**

[www.wtf411.ca](http://www.wtf411.ca)

## **Food Banks**

Info: 604-876-3601

### Jubilee United Church Hall

Mon 9:30 - 11:30am, 7551 Gray Ave

### Southside Church

Tues 9 - 11:30am, 7135 Walker

### St. Timothy's Church

Thurs 11 - 12:30pm, 4550 Kitchener

\*Shiloh-Sixth Ave United (NW)

Wed 11 - 12:30pm, 1111 - 6th Ave

\*new location TBA April 2017

## **Emergency Food Cupboards**

### St. Barnabas Church (NW)

Fri 10 - 11am, 1010 - 5th Ave

Salvation Army (NW) 604-521-2421

Salvation Army (Metrotown) 604-437-1521

## **Addiction & Detox Support**

24/7 Alcohol & Drug 604-660-9382

Burnaby Substance Use 604-777-6870

Creekside (Surrey) 604-587-3755

Perspectives Addictions 604-522-3722x101