

# READY



SET



2016 Edition



# **AGE NEWBORN - 12 YEARS**

Community Resource Guide for Burnaby Families with Children

### **HEALTHY KIDS PRESCHOOL FAIRS**

Metrotown, Bonsor Recreation Complex
Thursday, June 2, 2016 - 9:30 am - 12 noon
Southeast Burnaby, Edmonds Community Centre
Thursday, October 6, 2016 - 9:30 am - 11:30 am
North Burnaby, Cameron Recreation Complex
Tuesday, March 7, 2017 - 9:30 am - 12 noon

This brochure is sponsored by Whole Foods Market Burnaby and the Ministry of Education in collaboration with the Burnaby School District Early Childhood Development Committee. www.kidsinburnaby.ca





Burnaby Community Services

## **EMPOWERING PEOPLECHANGING LIVES**

2055 Rosser Avenue • Burnaby, BC V5C 0H1 • Phone: 604-299-5778 Fax: 604-299-3755 • www.BbyServices.ca

## Elementary Schools / StrongStart Centres

Schools with StrongStart Centres are indicated by "SS" following their names. Free drop-in for children 0-5 years, their parents and caregivers are offered on Monday-Friday from 9am-12noon. Centres promote early learning and support caregivers with information, networking and learning opportunities.

Aubrey 1075 Stratford Ave	604-664-8595	15	Sperling 2200 Sperling Ave	604-664-8836	29	South Slope 4446 Watling St	604-664-8300
Brentwood Park 1455 Delta Ave	604-664-8608	16	Stoney Cr Community (SS) 2740 Beaverbrook Cres	604-664-8845	29		604-664-8300 604-664-8304
Capitol Hill 350 S Holdom Ave	604-664-8637	17	<b>University Highlands</b> 9388 Tower Rd	604-664-2030	30	Suncrest 3883 Rumble St	604-664-8862
Confederation Park 4715 Pandora St	604-664-8669	18	<b>Westridge</b> 510 Duncan Ave	604-664-8878	31	<b>Windsor</b> 6166 Imperial St	604-664-8886
Gilmore Community 50 S Gilmore Ave	604-664-8703	19	Cascade Heights (SS) 4343 Smith Ave	604-664-8645	32	<b>Armstrong</b> 8757 Armstrong Ave	604-664-8587
Kitchener (SS) 1351 S Gilmore Ave	604-664-8727	20	<b>Chaffey-Burke (SS)</b> 4404 Sardis St	604-664-8652	33	<b>Brantford</b> 6512 Brantford Ave	604-664-8603
Parkcrest 6055 Halifax St	604-664-8794	21	<b>Clinton</b> 5858 Clinton St	604-664-8660	34	<b>Buckingham</b> 6066 Buckingham Ave	604-664-8616
Rosser 4375 Pandora St	604-664-8801	22	<b>Douglas Road</b> 4861 Canada Way	604-664-8676	35	<b>Edmonds Community (SS)</b> 7651-18th Ave	604-664-8683
Cameron 9540 Erickson Dr	604-664-8622	23	<b>Gilpin</b> 5490 Eglinton St	604-664-8712	36	<b>Lakeview</b> 7777 Mayfield St	604-664-8735
Forest Grove (SS) 8525 Forest Grove Dr	604-664-8690	24	<b>Glenwood</b> 5787 Marine Dr	604-664-8800	37	<b>Morley (SS)</b> 7355 Morley St	604-664-8774
Lochdale Community (SS 6990 Aubrey St	6) 604-664-8743	25	Inman 3963 Brandon St	604-664-8719	38	Second St Community (SS) 7502-2nd St	604-664-8819
Lyndhurst 9847 Lyndhurst St	604-664-8751	26	<b>Marlborough</b> 6060 Marlborough Ave	604-664-8758	39	<b>Stride Ave Community (SS)</b> 7014 Stride Ave	604-664-8854
Montecito 2176 Duthie Ave	604-664-8766	27	Maywood Community (SS) 4567 Imperial St	604-664-8344	40	<b>Taylor Park</b> 7590 Mission Ave	604-664-8226
Seaforth 7881 Government Rd	604-664-8808	28	<b>Nelson</b> 4850 Irmin St	604-664-8784	41	Twelfth Avenue (SS) 7622-12th Ave	604-664-8870

## Child Care & Preschool Resources

604-294-1109

YMCA Child Care Resource and Referral
Metrotown Community Resource Centre,
3rd Floor, 4460 Beresford St, Burnaby
www.ccrr.bc.ca

Provides parents with information and referral, and assistance with the Child Care Subsidy application process. Support, resources and training available to care providers.

#### Child Care Subsidy 1-888-338-6622

www.mcf.gov.bc.ca/childcare

Ministry of Children and Family Development provides a monthly subsidy to help families with low income pay for child care.

To access further information on child care programs, contact the Child Care Subsidy Service Centre toll free at 1-888-338-6622

## Fraser Health Community Care Facilities Licensing

604-918-7683

www.fraserhealth.ca/health-info/health-topics/child-care/ Program protects and promotes the health, safety, and wellbeing of children in licensed care facilities. Officers issue licenses, monitor and inspect facilities, respond to complaints and investigate allegations of unsafe, inappropriate or abusive care in licensed facilities.

## Supported Child Development 778-328-1625 x232 (BC Centre for Ability)

www.bc-cfa.org

Program assists families requiring child care, preschool, or out-of-school care for their children ages 0-19 years. These children may have extra support needs, a developmental delay or disorder and would benefit from additional services.

## Family Drop-In & Support Programs

Parent & Child Drop In - Brentwood Family Place 604-431-0400 102 - 4430 Halifax St

www.burnabynh.ca

Offers parent and child drop-in with activities, parent education and support. Wed & Fri 9:30am - 11:30am.

Family Drop In - Burnaby Family Life 604-659-2205

103 - 4181 Hastings St www.burnabyfamilylife.org

> Offers multicultural drop-in for parents to connect and children to experience creative, educational and social activities.

**YMCA Child & Family Programs** 604-473-7947 2055 Rosser Ave (Brentwood Community Resource Centre) www.gv.ymca.ca

Offers a range of drop-in and registered programs for families with children under 5, including parent education and support programs.

Lochdale Early Childhood Development HUB **Lochdale Community School** 

6990 Aubrey St Offers a variety of recreation and early learning programs for

Parent & Child Drop In - Burnaby Family Place Society 410 Clare Ave 604-299-5112

children newborn to five years, including StrongStart program.

Offers parent and child drop-in program, resource library and parent education, Mon - Thurs 9:30am - 2:00pm.

Family Drop In & Parenting Workshops - Burnaby Family Life 4460 Beresford St (beside Metrotown Stn) www.burnabyfamilylife.org

Offers multicultural drop-in for parents to connect and children to experience creative, educational and social activities.

Parent & Child Drop In - Clinton Family Place

5858 Clinton St 604-431-0400 www.burnabynh.ca

Offers parent and child drop-in with activities, parent education and support. Mon & Wed 9:30am - 11:30am.

**Family Programs - Burnaby Neighbourhood House** 

4460 Beresford St (beside Metrotown Stn) 604-431-0400 www.burnabynh.ca

Offers parent and child drop-in with activities, parent education and support. Mon - Thurs 9:30am - 11:30am.

**Drop In Program - Windsor Elementary** 

6166 Imperial St 604-664-8886

Free drop-in program for children ages newborn - 5, their parents and caregivers. Centre promotes early learning and supports caregivers with information, networking, and learning opportunities. Community Rm 109 Tues - Thurs 9am - 12noon.

Family Drop In - Burnaby Family Life 604-659-2205 6140 McKercher Ave

www.burnabyfamilylife.org

Offers multicultural drop-in for parents to connect and children to experience creative, educational and social activities.

Parenting Workshops - Burnaby Family Life

604-659-2205 Various Locations across Burnaby www.burnabyfamilylife.org

Offers educational and support programs for parents with children ages 2 - 12, including Nobody's Perfect, Parenting for Immigrants, Systematic Training for Effective Parenting, and Anger Management for Men.

SMILE Program - St. Leonard's Youth & Family Services

5271 Clinton St

www.stleo.ca

Offers individual and group support programs for pregnant and young parents up to 24 years of age. Includes prenatal classes and parenting support.

**MOSAIC - Newcomers' Centre for Children & Families** 7009 Kingsway 604-636-0120

www.mosaicbc.com

Promotes early childhood development and learning for refugee families with children under six. Supports newcomer refugee caregivers with family settlement information, social and community resource connections.

604-659-2205 **Burnaby Family Life** 

www.burnabyfamilylife.org

Offers parenting, life skills, cross cultural services and other family strengthening programs. For individual counselling and groups for women and children who have witnessed domestic abuse, call 604-659-2217.

**Cameray Child & Family Services** 604-436-9449

www.cameray.ca

Offers counselling services to children and their families. Also offers specialized victim assistance.

Parent Support Program: Offers educational and interactive parenting groups, as well as individual parent support services for parents with children ages newborn - 5.

**Outreach Workers - Burnaby Neighbourhood House** 

Margaret Kelly - North Burnaby 604-307-2940 778-918-0189 Maggie Marquardt - South Burnaby www.burnabynh.ca 604-431-0400

Offers support for parents with young children who need help connecting with community resources.

**Settlement Workers in Schools (SWIS)** 604-664-7230

http://swis.sd41.bc.ca

Connect immigrant and refugee families to school, community, and government resources.

**Family Services of Greater Vancouver** 604-874-2938 604-525-9144 www.fsgv.ca

Provides sliding scale counselling and support services to children, youth and families including parenting classes, cross-cultural services and support groups, parent/teen mediation and specialized victim assistance.

**Parent Support Services Society of BC** 604-669-1616

www.parentsupportbc.ca

Provides effective parenting workshops and coordinates free, anonymous parent support circles. Parents, grandparents and other relatives raising family member's children, can learn new ways to nurture and protect their children. Also offers a new Grandparents support line at 604-558-4740.

**Lower Mainland Purpose Society for Youth & Families** 

www.purposesociety.org

Provides a variety of multicultural parenting support programs, services and groups for building healthy, strong individuals & families.

Information Children

www.informationchildren.com

Provides information, referrals and support to parents and caregivers. Offers phone/email support, in-person parent coaching, workshops and presentations at various locations.

## Parks, Recreation & Cultural Services www.burnaby.ca/active

**Eileen Dailly Leisure Pool & Fitness** 

240 Willingdon Ave

Offers playcare, water play area, public swim lessons, and fitness centre.

**Kensington Complex / Arena** 

604-297-4535

604-298-7946

6159 Curtis St

Offers public skating and recreational skating lessons for children and adults.

Willingdon Community Centre

604-297-4526

1491 Carleton Ave

Offers preschool programs and playtime, Busy Bees and Kaleidoscope, and sport, social & cultural programs.

**Bill Copeland Sports Centre** 

604-297-4521

3676 Kensington Ave Offers public skating and recreational skating lessons for children and adults.

C.G. Brown Pool

604-297-4520

3702 Kensington Ave

Offers children's water play area, public swimming lessons and fitness centre.

**Cameron Recreation Complex** 

604-297-4456

9523 Cameron St

Offers preschool programs, playtime and Night Time Nutties, indoor tennis, gymnastics and racquet courts, and sport, social & cultural programs.

**Charles Rummel Community Centre** 

604-297-4529

3630 Lozells Ave

Offers preschool programs, playtime, and Little Green Thumbs.

**Forest Grove Elementary School** 

604-420-2675

8525 Forest Grove Dr

Offers preschool programs, playtime and Incredible Edible

**Bonsor Recreation Complex / Pool** 

604-297-4597

6550 Bonsor Ave

Offers preschool programs, Parent & Tot playtime, playcare, water play area, public swim lessons, fitness centre, racquet courts, yoga studio, and sport, social & cultural programs. Child minding also available.

**Wesburn Community Centre** 

604-297-4572

4781 Parkwood Ave

Offers Baby Busy Bees, and preschool programs.

**Edmonds Community Centre** 

604-297-4838

7433 Edmonds St

Offers preschool programs, playcare, water play area, indoor playground, public swim lessons, waterslide, fitness centre, and sport, social & cultural programs.

**Burnaby Art Gallery** 

604-297-4422

6344 Deer Lake Ave

Offers a variety of exhibitions, educational programs,

Shadbolt Centre for the Arts

604-291-6864

6450 Deer Lake Ave

Offers programs in creative dance, drama, drawing, painting and music.

**Burnaby Village Museum** 

604-297-4565

6501 Deer Lake Ave

Offers heritage themed programs.

**Sports Teams & Organizations** 

www.burnaby.ca/about-burnaby/community-links.html

Parks, Recreation & Cultural Services

For more information about Parks & Recreation preschool programs, check website: www.burnaby.ca/flipbook/preschoolguide

Outdoor Pools: Central Park, MacPherson, Kensington, Robert Burnaby www.burnaby.ca/things-to-do/outdoor-facilities/outdoor-pools.html

For more information about a variety of recreational programs and activities in Burnaby schools, including sports, babysitting basics, holiday celebrations, chess, cooking, art, crafts, games, and science, check website: www.burnaby.ca/Things-To-Do/Be-Active-Programs/ Programs-for-Everyone/After-School-Programs.html

Or contact Program Coordinator in your area:

Northwest: 604-297-4531 Northeast: 604-297-4529 Southwest: 604-297-4572 Southeast: 604-297-4831

Families with low income can apply for the Recreation Credit Program, which can be used at most Burnaby facilities. For more information, call Parks & Recreation at 604-320-2227

## Youth Centres & Clinics

Offers youth and preteens (Grades 6 & 7) a variety of recreational programs and activities. For more information, see website: www.burnaby.ca/active (facilities>youth>centres)

**Summit Youth Centre** 

604-268-1369

200 Willingdon Ave (behind Eileen Dailly Pool) PS3, games room (pool table, foosball, ping-pong, kitchen area) and computer access.

**Creekside Youth Centre** 

604-415-7607

2720 Beaverbrook Cres (Stoney Creek School Site) PS3, games room (pool table, foosball, ping-pong, kitchen area) and computer access.

**Burnaby Youth Clinic** 

604-293-1764

4734 Imperial St (M,T & Th 1-5pm)

Provides free health care services for youth under 22 yrs. Counselling is available by appointment only on Tuesdays and Thursdays.

**South Central Youth Centre** 

604-297-4497

6749 Nelson Ave

Nintendo Wii, games room (pool table, foosball, ping-pong, kitchen area) and computer access.

Youth Lounge at Edmonds

604-297-4907

7433 Edmonds St

Lounge, computer access, pool table, videogaming, TV, and kitchen area. Also offers access to Edmonds gymnasium.

## Programs For School-Age Children

BC Heritage Language Association 604-298-4526/604-657-0066 **Heights Neighbourhood Association** 604-664-8708 Gilmore Community School www.bchla.net janhuang33@hotmail.com hnasunfest@gmail.com Promotes cross-cultural understanding through heritage/ http://sunfestcamp.ca/ international language instruction and education. Languages Offers Sunfest summer day camps with weekly out-trips and local adventure for kids ages 5-10. Check website for more information. currently offered in select schools: Cantonese, Mandarin, Korean, Persian, Bulgarian, Portuguese, Albanian, Japanese and Arabic. **Boys and Girls Clubs of South Coast BC** Cameray Child & Family Services 604-374-8454 - North Burnaby Club 518 South Howard Ave northburnabyclub@bgcbc.ca www.cameray.ca www.bgcbc.ca ACTS (Assisting the Community with Transitioning Students) Offers after school drop-in programs M-F and day camps on Pro-D Offers homework clubs and other programs to help students days and holiday breaks. Programs provide a safe space for kids ages (Gr 5-7) transition from elementary to secondary school. Northeast: Stoney Creek School Southwest: Cascade Heights 6-12, and offer a wide range of activities focusing on skills School Southeast: Edmonds, Armstrong Schools development and relationship building. No one will be turned away due to an inability to pay. Girl Guides of Canada - BC Council 604-714-6636 Comshare (Burnaby North Community Association) 604-377-4711 www.bc-girlguides.org Offers girls (ages 5-17) diverse and exciting programs and activities **Lochdale Community School** comshare@hotmail.com that encourage growth in confidence, leadership, and life skills. Offers theme-based, week long summer day camps for children, from preschool to preteen. Also offers before and after camp care. Scouts Canada 604-220-8381 604-664-8852 www.scouts.ca **North East Burnaby Community Association** Offers children and youth (boys and girls) fun and adventure, or (summer) 778-883-6143 Stoney Creek Community School outdoor activities, leadership, team-building and personal www.yournebca.org development opportunities. Check website for more information. Offers Fun Rec summer day camps with weekly out-trips and local adventure. **Burnaby Neighbourhood House** 604-431-0400 www.burnabynh.ca 604-664-8260 **Eastside Opportunities Society** Operates nine licensed before and after school childcare programs Second Street Community School eos.kidslink@gmail.com that service several schools in Burnaby, Mon-Fri, 7am - 6pm. www.facebook.com/EastsideOpportunitiesSociety Centres are closed statutory holidays, but remain open on early Offers school age care, summer day camps and youth programs. Free dismissal days, ProD, winter, spring, and summer breaks. Other Friday night swims for preteens and teens at Robert Burnaby outdoor school-age programs include day camps offered Mon-Fri, 9am-3pm pool (summer). Call 604-298-SWIM for schedule. on school breaks, Friendship Club and Kids Out of the Rain. **Burnaby Family Life** 604-659-2205 604-376-0556 Moresports Various locations across Burnaby www.burnabymoresports.ca www.burnabyfamilylife.org Offers free, after school sports programs for children grades 2-6. Offers the Family Resource Program, a free family drop-in for children Stride Ave Community School (M, W); Edmonds Community School ages 0-10. Also offers the African Children's Homework Club, a free (T); Kitchener Elementary (W); Morley Elementary (F). program supporting children of African immigrants with adaptation to school through homework help, study skills, and cultural activities. Families with low income can **Canada Scores** apply for a camping subsidy for their children ages 5-16 www.canadascores.org to attend summer camp. Offers innovative afterschool program for vulnerable youth that Call Burnaby Community Services at 604-299-5778 integrates soccer, poetry and community service. Check website for more information. **Burnaby Public Libraries** www.bpl.bc.ca **Bob Prittie Metrotown Library (Main Branch)** McGill Library 604-299-8955 6100 Willingdon Ave 4595 Albert St Tommy Douglas Library 604-522-3971 Cameron Library 604-421-5454

Offers free programs for babies, toddlers, preschoolers, school-aged children and parents. Join the Summer Reading Club. Get book lists and suggestions. Find information for school projects. Free internet.

Register for a library card to borrow books and more in other languages.

9523 Cameron St

7311 Kingsway

The information contained in this brochure is subject to change. The inclusion of agencies and programs in the Ready Set Learn brochure does not constitute endorsement, nor does omission constitute disapproval.

#### **Best Beginnings Program**

604-918-7605

All pregnant women who live in the Fraser Health area are encouraged to register for the Best Beginnings program early in pregnancy. This is a public health program that supports pregnant women to learn about community services and resources for a healthy pregnancy. Register at: bestbeginnings.fraserhealth.ca

#### **Prenatal Breastfeeding Classes**

604-918-7605

Free prenatal breastfeeding classes are available through public health units. This two hour class provides breastfeeding basics and techniques to increase success. Call to register.

#### **Child Health Clinics**

604-918-7605

Various Locations

Public Health Nurses are available to answer questions regarding your child's growth and development, give immunizations, weigh and measure your child, and provide referrals to other community services. Other preventive services offered include speech and language therapy, audiology, nutrition, and dental services.

#### **Breastfeeding Services**

604-918-7605

4595 Albert St (McGill Library)

Public Health Nurses are available to help mothers with breastfeeding concerns. Free drop-ins Wed 1:00pm - 3:00pm.

#### Parent & Infant Drop-in

6550 Bonsor Ave (Bonsor Complex) 56

604-918-7605

Public Health Nurses are available to answer questions regarding your baby's growth and development, and provide information on issues such as crying, feeding, sleeping and postpartum depression. Free drop-ins Mon 10:30am - 12:00noon.

#### **Breastfeeding Services**

604-918-7605

7311 Kingsway (Tommy Douglas Library)

Public Health Nurses are available to help mothers with breastfeeding concerns. Free drop-ins Thurs 1:00pm - 2:30pm.

## Ministry Of Children & Family Development

**Early Childhood Mental Health Program** 

604-660-0706

102 - 4430 Halifax St

Provides mental health services for children up to age six.

**Child & Youth Mental Health Services** 

604-660-9544

604-660-9544

604-660-5900

www.gov.bc.ca/mcf

102 - 4430 Halifax St

201 - 7645 Kingsway

Provides community-based specialized mental health services for children and youth ages 6 - 18 yrs. Call for more information.

#### **Centralized Screening Team**

1-800-663-9122

Provides child protection reports and initial requests for ministry services.

**Services for Children with Special Needs** 300 - 5172 Kingsway Provides support to families with special needs.

**Aboriginal Child, Youth & Family Services** 

201 - 7645 Kingsway

Provides supportive and protective services for Aboriginal children and families.

**Kingsway South Services Centre** 

604-660-9494

7645 Kingsway

Provides family support and child protection.

## Resources for Families with Low Income

#### **Burnaby Community Services**

604-299-5778

2055 Rosser Ave, Burnaby www.BbyServices.ca

Offers a range of programs for families with low income:

#### **Burnaby Christmas Bureau**

Families with low income may qualify to receive gifts over the holidays.

#### **Burnaby Camping Bureau**

Families with low income may qualify for camping subsidies for their children.

Community Volunteer Income Tax & Form Completion Programs Call our office for days and times of year-round clinics.

#### **Burnaby Recreation Credit Program**

Families and individuals with low income may qualify for "credits" to be used at Burnaby recreation facilities. For information, call 604-320-2227.

### **Kidsport Burnaby**

604-294-7111

http://www.kidsportcanada.ca/british-columbia/burnaby/ Provides grants to help give kids in financial need an opportunity to participate in a sport of their choice.

#### **Canadian Tire Jumpstart**

1-877-616-6600

http://jumpstart.canadiantire.ca/

Provides kids in financial need with grants to cover equipment, registration/transport costs for active recreation and sport activities.

#### Affordable Family Fun

https://www.burnaby.ca/flipbook/affordablefun/ Check link on City of Burnaby website for information about affordable family fun for everyone.

#### Benefits for Families—Service Canada

www.servicecanada.gc.ca

## Resources for Families with Special Needs

#### **Resources for New Immigrant Families**

**Burnaby Multicultural Society** 

604-431-4131

6255 Nelson Ave, Burnaby

www.thebms.ca

Provides a range of services to new immigrant families.

**Immigrant Services Society (ISS)** 

604-395-8000

207 - 7355 Canada Way, Burnaby

www.issbc.org

Provides a range of settlement services to immigrant families.

MOSAIC 604-438-8214

5902 Kingsway, Burnaby

2055 Rosser Ave, Burnaby

www.mosaicbc.com

Provides newcomers with a wide range of settlement and support services.

**Pacific Immigrant Resources Society** 

604-298-5888

604-660-9544

604-913-9128

210 - 3680 East Hastings St, Vancouver

www.pirs.bc.ca

Offers programs for immigrant women and their children.

SUCCESS

200 - 5172 Kingsway, Burnaby (Settlement Services) **604-430-1899** 435B North Rd, Coquitlam (Service Centre) **604-936-5900** www.successbc.ca

Provides various services for settlement needs, seniors, and the early years, along with free English classes.

Vancouver & Lower Mainland 604-436-1025

**Multicultural Family Support Services** 

5000 Kingsway Plaza III, 306 - 4980 Kingsway, Burnaby www.vlmfss.ca

Provides culturally and linguistically sensitive services in over 24 languages to immigrants, refugees and visible minority women and their families who are experiencing family violence.

#### **Resources for Aboriginal Families**

Aboriginal Child, Youth & Family Services Team (MCFD)

201 - 7645 Kingsway, Burnaby

Provides supportive/protective services for Aboriginal children and families.

BC Aboriginal Childcare Society

102 - 100 Park Royal South, West Vancouver

www.acc-society.bc.ca

Offers early childhood programs and workshops.

Federation of Aboriginal Foster Parents 604-291-7091

3455 Kaslo St, Vancouver

www.fafp.ca

Provides recruitment, training and support services to foster parents of Aboriginal children in BC.

Spirit of the Children Society 604-524-9113

201 - 768 Columbia St, New Westminster

www.sotcs.ca

Offers Aboriginal child and family programs, Infant Development and Supported Child Development Programs for Aboriginal children. Drop-in at Windsor school Mon, 9am-12noon. Free snacks and bus tickets available for aboriginal families. All families are welcome.

#### **Resources for Children with Disabilities**

Burnaby Association for Community Inclusion (BACI) 604-299-7851

2702 Norland Ave, Burnaby

www.gobaci.com

Offers a range of support programs for children with developmental disabilities, including inclusive 0-5 yrs and school-age childcare centres and the Infant Development Program (IDP).

**BC Centre for Ability** 

604-451-5511

2805 Kingsway, Vancouver

www.bc-cfa.org

Offers social work and key worker programs for children with disabilities from 0-12 yrs and therapy services (PT/OT/SLP) for children with delays and/or disabilities from birth to school age entry.

**Down Syndrome Research Foundation** 

604-444-3773

1409 Sperling Ave, Burnaby

www.dsrf.org

Offers one to one and group programs for children with Down Syndrome. Programs include speech/language, occupational therapy, reading, and more. Information and support for families, videos, lending library, workshops, and quarterly newsletters are also available.

#### **Family Support Institute**

604-540-8374

227 - 6th St, New Westminster www.familysupportbc.com

Provides support throughout the province to families who have children living with a disability. Offers information, referral, workshops, training, lending library and connections to other Resource families.

**Monarch House** 

604-205-9204

3185 Willingdon Green, Burnaby

www.monarchhouse.ca

Provides interdisciplinary, home-based and centre-based treatment services for individuals with developmental disabilities (including Autism), from infancy to adulthood.

posAbilities - Laurel Behaviour Support

778-945-1435

240 - 4664 Lougheed Hwy, Burnaby

www.posabilities.ca

Specializes in addressing challenging behaviours and teaching adaptive skills to children with Autism Spectrum disorders and other intellectual disabilities.

Services for Children with Special Needs (MCFD) 604-660-5900

300 - 5172 Kingsway, Burnaby

Provides support to families with children with special needs.

For more information about community resources, please contact
Burnaby Community Services at 604-299-5778

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