SPRING NEWSLETTER



HOW YOUR DONATIONS ARE MAKING A DIFFERENCE



WE BROKE A RECORD!

OVER \$60,000 RAISED!

On Feb. 23, more than 300 walkers attended Burnaby's Coldest Night of the Year Walk, raising over \$60,000 for *The Society To End Homelessness in Burnaby* and *Burnaby Community Services*. The night was cold but our hearts were kept warm by one another. The funds raised will be used to support:

Burnaby's outreach resource centre, advocacy work such as lobbying for warming centers, shelters and transitional housing, printing weatherresistant Outreach Cards, supplying holiday hampers, and assisting unique individuals with income tax completion and form completion for federal & provincial government programs. We would like to thank our Lead Sponsor, RE/MAX Little Oak Realty Burnaby!



A SNEAK PEAK OF THIS ISSUE:

- INCOME TAX CLINIC
- POVERTY LAW ADVOCATE
- OUR RESOURCES
- PROGRAMS FOR SENIORS
- AND MORE



ADVOCACY SERVICES

HELPING PEOPLE ACCESS SERVICES AND BREAK THE CYCLE OF POVERTY.

Our Tax Completion

Program offers assistance with income tax preparation through our participation in the Canada Revenue's CVITP program. During the tax season, in March and April, we offer appointments to have taxes completed. Throughout the remainder of the year, we provide a "drop-off" service. Form Completion is available by appointment only. We currently assist with Federal and Provincial Government Programs such as: applications for pensions, MSP, bus passes, and Fair PharmaCare cards.

"We want to empower people to change their own lives."

POVERTY LAW ADVOCATE

MEET JESSE VIS-DUNBAR

Jesse has joined the Burnaby Community Services team as Burnaby's first Poverty Law Advocate. He will be providing legal information and assistance for people facing issues related to employment, unemployment, human rights, administrative fairness, access to information and privacy, housing, income assistance, disability, pensions and debt. Jesse looks forward to discovering all the ways he can assist the community of Burnaby.

Welcome to the team, Jesse!



Support is a page away

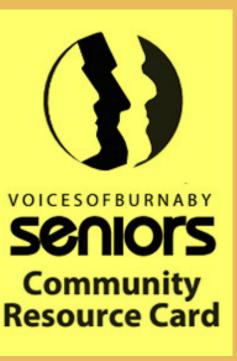
Our Information and Referral Services



Each year, we publish and distribute: **60,000** Community Resource Guides, **15,000** Ready Set Learn Brochures, **25,000** As We Age Resource Guides, **7,000** Seniors Resource Cards, and **12,000** Community Outreach Resource Cards. These ensure that *everyone* in our community has access to resources and support. Visit **www.bbyservices.ca** to download a copy or order them through our Community Resources Manager at 604-292-3900.

Looking for a Printing Sponsor

The **Burnaby Seniors Resource Card**, first printed in 2010, provides isolated seniors with a listing of basic services available in the community. This handy, concise, and easy-to-read guide is small enough to fit into a wallet, a purse or be posted next to a phone. Resources are organized under a number of basic category headings including: Financial Assistance, Food/Shopping Assistance, Health & Wellness, Housing, and more. Updated annually and printed in English as well as several translations including Chinese, Korean, Farsi, and Arabic, the cards are distributed to the community through seniors outreach workers, peer counselors and ambassadors, seniors centers, social workers, victim services, health workers, and other non-profit agencies. **Contact us if you can help sponsor the printing of this card.**



Minister of Seniors visits Seniors on the Move

On March 28th, 2019, the Honourable Filomena Tassi, the Federal Minister of Seniors, visited the Brentwood Community Resource Centre to meet with partners, volunteers and participants in Seniors on the Move (a multi-sector collective-impact project, led by Burnaby Community Services, to increase social inclusion among seniors by improving transportation options). The Minster heard from project partners like *Translink*, United Way, ICBC and SFU Gerontology and from members of the project's Seniors Advisory Committee about how Seniors on the Move has created systems change in the way seniors connect with their community. Following the meeting, the Minister tweeted: "Accessible transportation is key to helping seniors stay engaged in their communities. @BbyServices' Seniors on the Move project helps older adults get where they need to go--another great idea funded by the New Horizons for Seniors Program!"





Above: Our newly trained volunteers, excited to participate in our upcoming programs for seniors for reducing seniors' isolation. Each received training on: **dementia awareness, age appropriate nutrition, communication, diversity & inclusion.** Call us if you'd like to volunteer!

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CAMPING BUREAU

Send a child to camp this Summer!

WE NEED YOUR HELP SENDING 250 CHILDREN FROM LOW-INCOME FAMILIES TO SUMMER CAMP.

\$75

Burnaby Community Services

Will help send a child to a day camp of their choice.

April 2019

\$175

Will help send a child to an overnight camp of their choice.

\$1000

Will help send 8 children to camp!

I want to help:	3 Easy Ways to Donate
Families break the cycle of Poverty	1. Online at <u>www.BbyServices.ca/Donate</u>
Seniors move away from Isolation	2. Call us at 604-299-5778
 Individuals access Programs and Services General Funding for all programs 	 Fill in this form and mail or drop it off at 2055 Rosser Ave. Burnaby, V5C 0H1
Full Name	I would like to donate:
Address	\$50 \$100 \$250 \$500 Other
City Postal Code	
E-mail	Cheque Visa Mastercard
Phone	Credit Card Exp. Date
Send me the receipt by email.	Signature

Donations are tax-deductible. We value our donors and will not sell, share, or trade your personal information. Charitable Registration Number: 118821628RR0001



HATS OFF DAY FLOAT

A collaboration with Burnaby Meals on Wheels and Burnaby Seniors Outreach

On June 1st, 2019, watch out for our float in the local Hats Off Day Parade, called SUPERHEROES FOR SENIORS. Our superheroes will collect pledges & walk in costume to raise funds for: *A new dementiafriendly cafe in the Heights, Burnaby Meals on Wheels, our seniors transportation program, peer counselors training and more!* Call us at 604-299-5778 to make a pledge to support our aging seniors in the Heights.



A DEMENTIA-FRIENDLY COMMUNITY

JOIN OUR CAFE!

On Wednesday, May 8th, 2019, join our workshop during the Festival of Learning and learn about dementia with Dr. Alison Phinnev from UBC. We will discuss what we can do to become a dementia-friendly community in Burnaby, raise awareness, generate support, and inspire activities for our community. Enjoy live music and refreshments as we take a deeper dive into the ways we can support individuals with dementia. Brought to you in collaboration with *Burnaby* Seniors Outreach Services. Register online at festivaloflearning.ca or call.

604-299-5778 info@bbyservices.ca

Hemlock

INTEGRITY. INNOVATION. IN PRINT.

THANK YOU FOR SPONSORING THE PRINTING OF THIS NEWSLETTER.

